

☞ SILVERSTREAM PS ☞

Sept/Oct 16 - SCHOOL MEALS MENU (MAY BE SUBJECT TO CHANGE)

FRESH FRUIT, MILK, WATER & YOGHURTS SERVED DAILY AS ALTERNATIVE PUDDING

DATES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 26 th - 30 th	<i>Sausages or Steak Casserole Creamed Potatoes Peas Chocolate and Pear Sponge Chocolate Custard</i>	<i>Fish bites Oven Baked Wedges Beans Or Cheese and Tomato Pizza Tossed Salad Arctic Roll & Orange Juice</i>	<i>Roast Gammon & Gravy Creamed Potatoes Cabbage/Carrots Biscuit Fruit and Milkshake</i>	<i>Chicken Curry and Rice Or Chicken Pasta Crusty Bread Golden Pops and Custard</i>	<i>Beef Burger in Bun Or Chicken Burger in Bun Chips or Baked Potato Homemade Coleslaw Tossed Salad Creamed Rice and Peaches</i>
October 3 rd - 7 th	<i>Homemade Pork & Vegetable Pie, Peas & Creamed Potatoes or Pasta Bolognaise Apple Crumble Custard</i>	<i>Hotdog Oven Baked Wedges Tossed Salad Frozen Mousse Apple Juice</i>	<i>Roast Beef, Gravy, Creamed & Roast Potatoes Carrots and Parsnips Pears & Custard</i>	<i>Fish Fingers or Pepered Chicken, Mixed Vegetables & Creamed Potatoes Jam & Coconut Sponge & Custard</i>	<i>Chicken Savoury Rice & Gravy, or Scrambled Eggs, Bacon, Beans & Toast Ice Cream & Chocolate Sauce</i>
October 10 th - 14 th	<i>Beef Curry & Rice or Chicken Goujons, Beans & Creamed Potatoes Coffee Cracknel & Custard</i>	<i>Cheese / Egg / Tuna, Sandwiches Cocktail Sausages & Tossed Salad Chocolate Muffin & Orange Wedges</i>	<i>Roast Pork, Gravy, Creamed & Roast Potatoes Diced Turnip / Peas Creamed Rice & Strawberry Sauce</i>	<i>Chicken Casserole Or Breaded Fish Creamed Potatoes Mixed Vegetables Fresh Fruit Salad & Yoghurt</i>	<i>Homemade Lasagne & Garlic Bread Coleslaw or Sweet & Sour Chicken & Rice Arctic Roll</i>
October 17 th - 21 st	<i>Savoury Mince or Oven Baked Chicken Nuggets, Beans & Creamed Potatoes Biscuit / Fruit & Milkshake</i>	<i>Baked Potato with Beans & Cheese or Ham/Tuna/Cheese Filled Wholegrain Bap, Coleslaw & Salad Chocolate Brownie & Custard</i>	<i>Sausage and Onion Casserole Creamed & Roast Potatoes Broccoli / Carrots Pineapple Delight & Custard</i>	<i>Irish Stew & Crusty Bread or Cheese Omelette & Crusty Bread, Salad Mandarin Sponge & Custard</i>	<i>Chinese Chicken Drumsticks Or Salmon Fish Cakes Chips or Baked Potatoes Peas Ice-Cream and Fruit</i>

IF YOU HAVE A DIETARY REQUIREMENT PLEASE CONTACT THE PRINCIPAL